



What is your most cherished family tradition? Why is it important?

Do you have any unfinished business that needs to be completed?

What would you especially like your family to know and remember about you? What would you like to be remembered for and who would you like to be remembered by?

What significant historical events do you remember? Big inventions?

What were some of the “defining moments” of your life? Of what are you most proud?

What are your most important successes?



Are there times in your life that you remember more vividly than others? Why?

What role has religion or spirituality played in your life?

What is most important to you today? What makes you the happiest?

What's the most difficult thing that ever happened to you? How did you overcome this setback?  
What are other turning points you may have faced?

If anything, what would you have done differently in your life?

What advice would you give your children and grandchildren?