

Helper Sign-Up Sheet

Kind folks like yourself will ask, "What can I do to help?" It's hard to think of something on the spot so I've made the list below. Perhaps you could choose a task that you are comfortable with. That would be greatly appreciated.

What needs to be done?	When will it be done?	Who will do it?
Take the cane back to Red Cross	on the 14th	
Take deposit to the bank	Tuesday	
Mow the lawn	weekly	
Stay over on Monday night so I can sleep	Monday/Tuesday	
Make some frozen meals	anytime	
Pick up meds at the pharmacy	as needed	
Spend some time with Mom while I am here	anytime	
Sort garbage and recyclables	Thursday evening	
Bring pictures of Mom I may not have	anytime	
Write Mom a letter or send her a card	anytime	
Come for a visit to keep me company	Friday after supper	

Helper Sign-Up Sheet

Kind folks like yourself will ask, "What can I do to help?" It's hard to think of something on the spot so I've made the list below. Perhaps you could choose a task that you are comfortable with. That would be greatly appreciated.

What needs to be done?	When will it be done?	Who will do it?